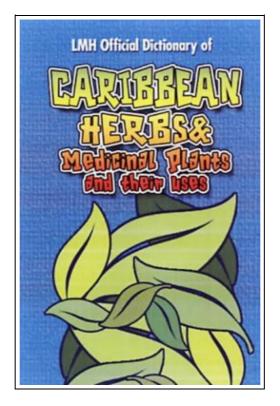
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Reviews

Very useful to any or all group of men and women. I am quite late in start reading this one, but better then never. You are going to like just how the blogger publish this book.

(Kristian Nader)

CARIBBEAN HERBS AND MEDICINAL PLANTS AND THEIR USES (HARDBACK)



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Lmh Publishing, Jamaica, 2003. Hardback. Condition: New. UK ed.. Language: English. Brand New Book. The Caribbean is host to one of the most diverse areas of the whole world - both culturally and ecologically. This book takes a look at some of the herbs and medicinal plants found in the Caribbean, a place awash with ancient herbal remedies for a number of common ailments. With advice on how to use them wisely, moderately and regularly, it also explores some of the myths and legends associated with these herbs and plants.





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