



## Patterns: Building Blocks of Experience

By Marilyn Charles

Taylor Francis Ltd, United Kingdom, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In recent years, various tributaries of psychoanalytic and developmental theory have flowed into our dawning understanding of the role of early sensory and affective experiences in the construction of our personal worlds. In *Patterns: Building Blocks of Experience*, Marilyn Charles shows how such primary experiences coalesce into patterns, those essential units of meaning that capture the unique subjectivity of each individual. Frequently known by their prosody or affective melody, patterns come to have profound meanings that we utilize in constructing basic notions of self and other. Through pattern, Charles holds, we approach elusive meanings through dimensions of shape, contour, and affective resonance. Such patterned understandings, in turn, become a mode of interchange through which we touch one another in ways that go beyond the overtly physical. Analytic patients, Charles finds, have often led early lives too full of noise to use their early sensory and affective experiences constructively. Such patients tend to live out patterns that operate unconsciously and have become literally incomprehensible. Analytic communication, by drawing explicit attention to such patterned experience, provides new images that intrude on ingrained...



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