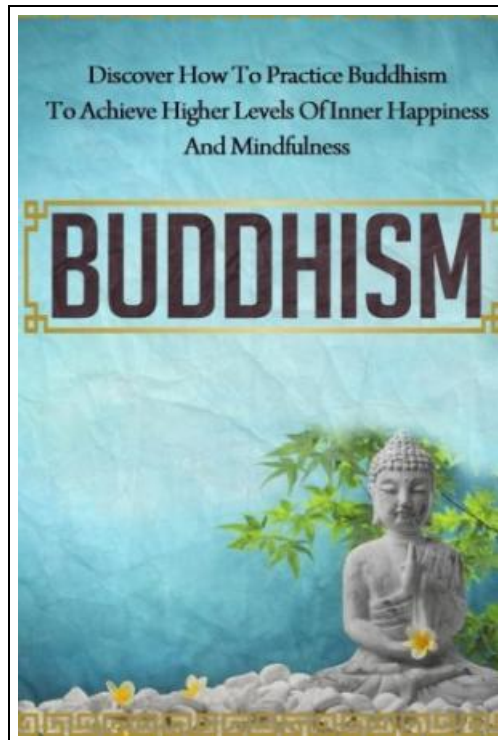


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover How to Practice Buddhism to Achieve Higher Levels of Inner Happiness and Mindfulness *** BONUS!: FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * Buddhism is general not considered a religion by its Abrahamic counterparts because of its spiritual and individual nature, rather than following a strict deity. Even the name Buddhism doesn't mean that they really pray to Buddha, but rather try to emulate the ways of Buddha - the man that reached enlightenment. In fact, the word Budhi means to have awoken which in Buddhism means to reach enlightenment. The religion was started by a man named Siddhartha Gautama, the founder of this spiritual religion or philosophy, if you will, and the first man to reach enlightenment; hence, he is colloquially referred to as Buddha. Siddhartha was born into a wealthy and influential family in the 4th century B.C., in Eastern India. Due to a prophetic telling, his father decided to keep him away from the outside world so that he would instead concentrate on being a great prince. Despite his father's attempts he was able to get outside of his father's walls to see the outside world in which he saw an old man, a sick man, a dead man, and an abstinent holy man. The holy man was the only one at peace so he decided to follow him. Why Should You Purchase And Read This Book? => 1. Its Short And Informative No Fluff!! => 2. This Book Is Straight Forward And Gets To The Point => 3. It Has A Great Concept => 4....



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