



The Gym Bag Bible

By Stephen Poos-Benson

Xulon Press, United States, 2007. Paperback. Book Condition: New. 277 x 206 mm. Language: English . Brand New Book ***** Print on Demand *****.The vision of Gym Bag Bible is to empower people to live as radiant children of God. Through the intentional combination of body, mind and soul, Gym Bag Bible creates a dynamic energy where a person expresses in thought and action the living presence of God. It takes seriously the notion that we are called by God through Jesus to live as people of light. The path of the Gym Bag Bible is challenging. It will require a realignment of your priorities and commitments so that you make time each day for exercise, reflection and devotion. By intentional living in this way, we grow in faith and courage, and our lives transform. We rise as stars not only toward Jesus, but we shine a path for others to follow. As you join with the many that have traveled the Gym Bag Bible journey, you too will discover this radiance. Steve has been a serious student and teacher of Physical fitness and Spirituality for the past seven years, but his commitment to a passionate life has been a...



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