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## Essential Oils Bible: Best Essential Oils for Everyday Common Ailments, Best Essential Oils for Allergies Best Essential Oils for Stress Relief and Anxiety (Paperback)

By MR K M Kassi, MS Suzanne Thomas

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book has the important details that you need to know about the Essential oils, where these come from and what make these potent and medicinal. You can also find out about how to use these oils and what other essential oils can you combine these with to maximize the benefits. Most importantly, this will open your eyes to the risks of using some of the oils and how to take the necessary caution. Allergies are some of the worst things a person could experience. For one, they re so irritating, and they can also be the sign that some underlying diseases or problems are around. However, that does not necessarily mean that this kind of problem could no longer be answered. In fact, there are natural remedies one could undertake-and one of this is making use of Essential oils! With the help of this book, you ll learn about the best essential oils for different types of allergies and understand how to use them so you can try them out, too. Stress and anxiety-related conditions are believed to...



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