



Vital Healing: Energy, Mind and Spirit in Traditional Medicines of India, Tibet and the Middle East - Middle Asia

By Marc S. Micozzi, Donald McCown, Mones Abu-Asab, Hakima Amri, Kevin Ergil

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Vital Healing: Energy, Mind and Spirit in Traditional Medicines of India, Tibet and the Middle East - Middle Asia, Marc S. Micozzi, Donald McCown, Mones Abu-Asab, Hakima Amri, Kevin Ergil, The traditional medicines of Middle Asia are rich and varied - from the Ayurveda and Siddha medicines of India, to the Unani and Sufi healing practices of the Middle East. Dr. Marc S. Micozzi unfolds the compelling idea that vital energy, expressed as "prana" in the Indian practice of Ayurveda, is the unifying concept that underpins and connects all of these traditions. Describing the origins, health strategies, diagnostic approaches, and modern-day uses of each tradition, he also draws parallels to, and finds correlations with, mainstream Western concepts - and demonstrates how all these therapies fit within the context of their own cultures and ours. This groundbreaking book will be of interest to practitioners of all Middle Eastern and Asian medical traditions, complementary and alternative health practitioners, and anyone with an interest in Middle Eastern and Asian approaches to health and well-being.



READ ONLINE
[3.86 MB]

Reviews

It is just one of the most popular ebook. It really is full of wisdom and knowledge You are going to like just how the blogger create this pdf.
-- **Roosevelt O'Keefe**

This pdf is so gripping and exciting. I actually have go through and that i am confident that i will going to read once again once more in the future. I discovered this publication from my dad and i advised this ebook to discover.
-- **Mr. Elwin McGlynn Jr.**

Relevant PDFs



[Young and Amazing: Teens at the Top High Beginning Book with Online Access \(Mixed media product\)](#)

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2014. Mixed media product. Book Condition: New. 204 x 140 mm. Language: English . Brand New Book. Cambridge Discovery Education Interactive Readers are the next generation of graded readers - captivating topics, high-impact video, and interactive exercises...



[Rat and Cat in Let's Jump!: Red C \(KS1\)](#)

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Rat and Cat in Let's Jump!: Red C (KS1), Jeanne Willis, This title is part of Pearson's Bug Club - the first whole-school reading programme that joins books and an online reading world...



[Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large](#)

Madelyn DR Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



[Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .](#)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



[Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. \[Us English\]](#)

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



[Growing Up: From Baby to Adult High Beginning Book with Online Access](#)

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.